

Meal Ideas

Family Campouts • Prosper, Texas



The key to camp meals: keep it simple. As you get more comfortable camping, feel free to get creative or more elaborate.

BREAKFAST

- Cereal & milk *(needs a cooler with ice)*
- Premade breakfast burritos *(eat cold)*
- Oatmeal *(requires stove to boil water)*
- Eggs & bacon *(requires camp stove)*
- Protein or breakfast bars
- Muffins or danishes
- Cans of cold brew coffee
- Protein shakes

LUNCH

- PB&J
- Deli meat sandwiches
- Snacky lunch — meat stick, crackers, cheese, etc.

DINNER

- Fast food on the way there
- Hot dogs & chili *(requires camp stove)*
- Walking tacos — Frito bag, pre-made taco meat & fixings
- Foil meals cooked in the fire *(see recipe link below)*
- Repeat a lunch idea

Good to Know

Pre-portion and prep ingredients at home to save time at the campsite — and remember, food should never be stored or eaten inside tents (it attracts ants and other critters).

MORE RECIPE IDEAS

[Scouting America – Cub Camp Cuisine](#)

[Scouter Mom – Foil Pack Dinners](#)

[REI Co-op – Best Dinner Recipes for Camping](#)