



CAMPING 101

PACK 289



AGENDA

- **Camping 101**

- What to Expect
- Sample Packing List
- Tent Recommendations
- Sleep System Recommendations
- Other Gear Recommendations



GENERAL RULES & GUIDELINES

- Leave No Trace
- Buddy System
- Two-Deep Leadership
- Watch Your Kids
- No Alcohol
- Smoking must be done away from children
- No Pets
- Fires are managed by the Firemaster only
- Knives are for Bears and above who have earned their Toten' Chip



CAMPING 101 - GUIDING PRINCIPLES

- **Goals**
 - Fun
 - Learning
 - Outdoor Confidence
- **Leave No Trace**
 - Plan Ahead & Prepare
 - Travel & Camp on Durable Surfaces
 - Dispose of Waste Properly
 - Leave What You Find
 - Minimize Campfire Impacts
 - Respect Wildlife
 - Be Considerate of Other Visitors



CAMPING 101 - THE BIG THREE

- **Shelter**
 - Tent, Pavilion, Hammock, Vehicle
- **Sleep**
 - Sleeping Bag, Sleeping Pad, Pillow
- **Clothing**
 - Baselayer, Seasonal Clothing, Outerwear, Accessories



SHELTER - TENTS

- **Prioritize size to comfortably fit your family and gear**
 - A 4-person tent doesn't hold 4 people and their gear...more like 2-3 comfortably
 - Car camping doesn't require you to consider weight or packing size as much
 - My recommendation is to go with the next size up from the number of people in your family (ie. buy a 6-person tent for a family of 4)
- **Other factors**
 - Ease of Setup
 - Rainfly & Weather Resistance
 - Material Durability
 - Multiple Doors
 - Good Ventilation
 - Gear Storage



TENT RECOMMENDATIONS



What We Use



SLEEP - SLEEPING BAGS

- **Prioritize comfort over packability for Cub Scout camping**
 - Go to REI and try out sleeping bags, even if you plan to purchase online
 - Choose a sleeping bag 10-15 degrees colder than the coldest temperatures expected
 - Larger can be more comfortable, but it also requires more heat to keep warm
- **Other factors**
 - Comfort Rating & Lower Limit Rating
 - Shape
 - Insulation Type
 - Fit (length, girth)
 - Sleeping Habits
 - Zippers & Pockets



SLEEPING BAG RECOMMENDATIONS - ADULTS



What I Use

What My Wife
Uses



SLEEPING BAG RECOMMENDATIONS - KIDS



What My Kids Use



SLEEP - SLEEPING PADS

- **Prioritize comfort over packability for Cub Scout camping**
 - Nothing ruins a great camping trip more than bad sleep
 - Choose a sleeping pad that aligns with your overall sleep system
 - Thin pads don't absorb irregular ground conditions well so when in doubt, go thicker
- **Other factors**
 - Types (air, self-inflating, foam)
 - Size (length, width, thickness)
 - Warmth (R-value)
 - Inflation Method
 - Power Availability (if pump required)
 - Don't forget your pillow!

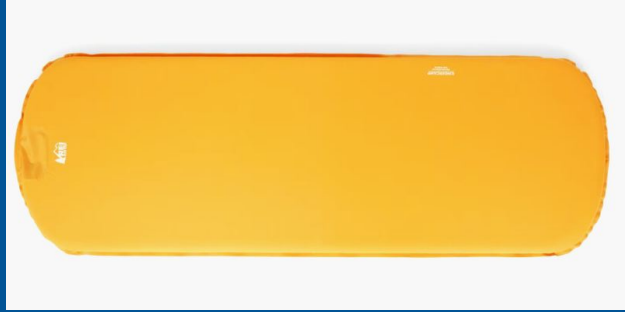


SLEEPING PAD RECOMMENDATIONS - ADULTS





SLEEPING PAD RECOMMENDATIONS - KIDS





CLOTHING

- Check the weather and pack accordingly
- Prioritize layers over bulk
 - It's easier to add and remove layers rather than overpacking multiple outfits to accommodate a range of outdoor temperatures
 - Layers also help you adapt to a variety of weather conditions and temperatures
- Other factors
 - Moisture-Wicking Fabrics (synthetic or wool, not cotton)
 - Breathable Fabrics keep you cool and dry
 - Loose and Comfortable clothes make movement easy
 - Weather Protection (rain suit, poncho, raincoat)
 - Don't Forget Your Head - Pack a Hat (ballcap, beanie)



SAMPLE PACKING LIST

● Sleeping Gear

- Tent w/ Rainfly, Ground Cover, Stakes
- Sleeping bags
- Sleeping pads
- Pillows and blankets
- Small broom or brush to sweep out tent

● Clothing

- Class A uniform
- Class B Pack T-shirt
- Comfortable outdoor clothes
- Sweatshirt or light jacket
- Cap (sun) or Hat (cold)
- Closed-Toe shoes
- Extra socks and underwear
- Sleepwear
- Rain gear or poncho



SAMPLE PACKING LIST

● Personal Items

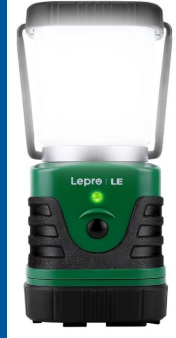
- Toiletries
- Towel & Washcloth
- Sunscreen & Insect Repellent
- Medications (clearly labeled)
- Reusable Water Bottle

● Scout & Family Essentials

- Mess Kit for each person
- Flashlight or Headlamp for each person
- Extra batteries
- Camp chair for each person
- Pocketknife (Bear and up with Toten' Chip)
- Folding Table (optional but useful)
- Small backpack or daypack
- Family first-aid kit
- Canopy (optional)
- Wet/dry bags for dirty clothes
- Tote bins for storage



OTHER GEAR RECOMMENDATIONS





LINKS

Amazon List with links to
most items shown



My favorite youth sleeping bag
(Kindercamp) and pad (Kindercone)
are available at REI.com



Backcountry.



amazon

Walmart 